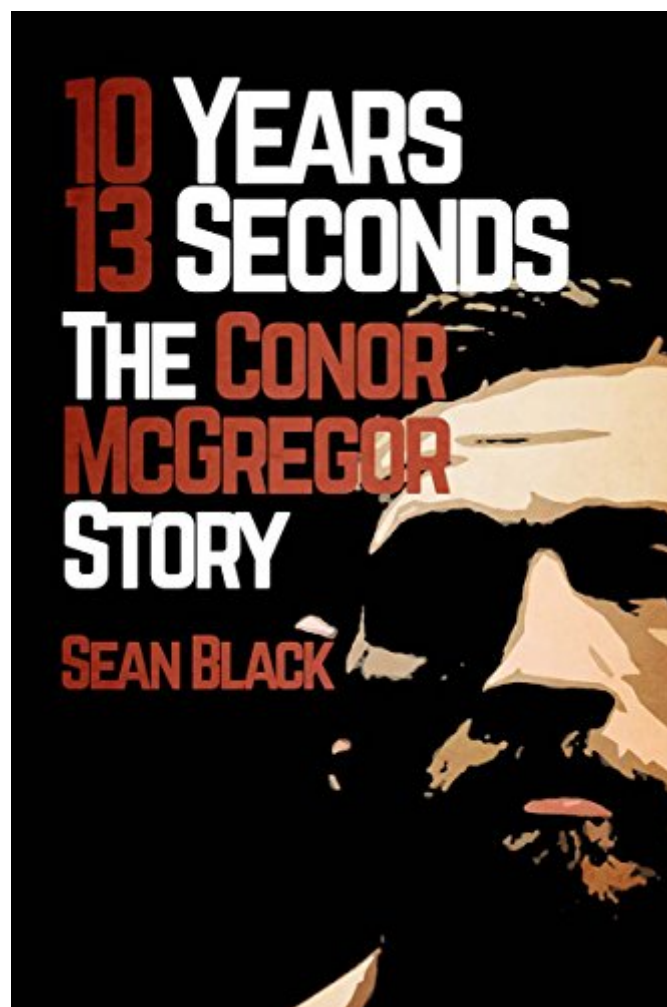


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# 10 Years 13 Seconds: The Conor McGregor Story



## Synopsis

10 Years 13 Seconds is the story of Irish MMA fighter Conor McGregor's emergence as arguably the most compelling sporting figure of the past decade. An explosive 13 second demolition of reigning UFC champion Jose Aldo at the MGM Grand in Las Vegas on December 12th, 2015, marked the completion of McGregor's journey from welfare to world champ. This short biography outlines McGregor's rise to fame and fortune, details the people and environment that forged his unique character, and explains for the general reader why the fast growing and often brutal sport of MMA is set to eclipse boxing on the world stage. If you haven't yet heard of Conor McGregor, don't worry, you will.

Contents: Author's Note Preface 1. 10 Years 13 Seconds 2. A Life Less Ordinary 3. When the Student is Ready 4. First Blood 5. Notorious 6. The Climb 7. Mystic Mac 8. Aldo Interrupted 9. A King is Crowned 10. 1916/2016

About The Author Sean Black grew up in Scotland. He has written the screenplays for many of Britain's best known TV dramas. In 2008, his debut novel, Lockdown, sold at auction in London. Since then the Ryan Lock books have featured on several bestseller charts around the world and have been translated into Dutch, French, German, Italian, Portuguese, Russian and Spanish. To research his novels, Sean has trained as a bodyguard with former members of the Royal Military Police's elite Close Protection Unit, spent time inside Pelican Bay Supermax prison in California, gone on numerous ride-alongs with the Los Angeles Police Department, undergone firearms training in the Czech Republic and Hungary, and ventured deep into the tunnels under the Las Vegas Strip to interview some of the city's homeless population.

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